



DIY Mayo Face Mask

INGREDIENTS

- 1 tablespoon real mayonnaise (preferably full-fat, no weird additives)
- 1 teaspoon honey (for extra hydration and antibacterial benefits)
- 1 teaspoon avocado mash or a few drops of olive oil (if your skin is super dry)

INSTRUCTIONS

- Cleanse your face with a gentle cleanser and pat dry.
- Spread a thin, even layer of mayonnaise over your face, avoiding your eyes and mouth.
- Let it sit for 10-15 minutes.
- Rinse thoroughly with lukewarm water.
- Follow up with your regular moisturizer if needed.